

Washington Local Schools

DIABETES MEDICAL MANAGEMENT PLAN FOR SCHOOL Year: ____ - ____

Student: _____ DOB: _____ Grade: _____ Room: _____
 Student ID #: _____ School: _____

Type of Diabetes: Type 1 Type 2 Pre-Diabetes Date of diagnosis: _____

Blood Glucose Monitoring

Blood glucose target range: _____ - _____ mg/dl

Blood glucose testing times: _____

For suspected hypoglycemia At student's discretion excluding suspected hypoglycemia

Only at student's discretion No blood glucose testing at school

Permission to test independently Supervision of testing/results

Student will need assistance with testing and blood glucose management.

Test blood glucose 10 to 20 minutes before boarding bus.

Diabetes Medication

No insulin at school.

Oral diabetes medication at school: _____

Insulin at school: Humalog Novolog Lantus Other: _____

Insulin delivery device: Syringe and vial Insulin pen Insulin pump

Insulin dose at school:

Breakfast _____ units of insulin per _____ grams of carbohydrate.

Lunch _____ units of insulin per _____ grams of carbohydrate.

Other: _____

Correction for high glucose: _____ units of insulin for every _____ mg/dl above _____ mg/dl.
 (Correction bolus is given with meals or as directed by prescribing physician)

Blood Glucose Value (mg/dl)	Units of Insulin

Note: Meal bolus and correction bolus equals the total insulin dose.
 Parent may adjust meal insulin doses as needed within a range of _____ to _____ units.

Insulin Pump Instructions

Before Lunch

Basal Rate in school: _____ units/hour.

Programs a temporary Basal Rate before gym: _____ units/hour.

Hyperglycemia: give usual pre-lunch bolus plus a CORRECTION:

Bolus following the insulin/carbohydrate ratio: _____ gm CHO in lunch divided by _____ units insulin.

Hyperglycemia/ Sensitivity Factor: 1 unit of insulin will decrease the BG by _____ mg/dl.

Hypoglycemia

Option One: Calculate after hypoglycemia has been resolved and give usual pre-lunch bolus.

Option Two: Administer a reduced pre-lunch insulin bolus (BG _____ minus target BG _____ divided by Sensitivity which equals _____). (Subtract from pre-lunch bolus).

If the BG has not dropped or is higher, pump may be malfunctioning. Call parent.

Student is fully instructed and should be responsible for: giving boluses & changing the infusion site.

